



## Community Care Options provides:

- Care Assessment and Planning
- Home Safety Assessments
- Referral and linkage to community resources
- Light in-home services including homemaking assistance, meal preparation, non-medical personal support and limited errands
- Medication set-up
- Advance Care Planning documents

**For More Information, Call:  
269.441.0948**

## Senior Health Partners

### About Us

Senior Health Partners was founded in 2000. Our mission is to improve the health and well-being of older adults and family caregivers in Calhoun County.

### Contact Us

**Phone: 269.441.0948**

**[shpcalhoun.org](http://shpcalhoun.org)**

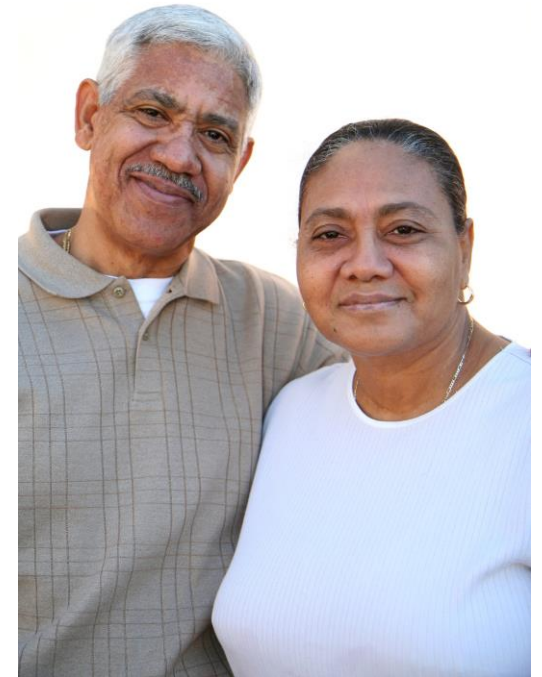
**Connect with us on Facebook**

#### **PROGRAM OFFICE**

Battle Creek Family YMCA  
28 Penn St.  
Battle Creek, MI 49017

#### **BUSINESS OFFICE**

200 W. Michigan Ave. Suite 104  
Battle Creek, MI 49017



## COMMUNITY CARE OPTIONS

*Care planning, homemaking and problem solving for older adults in Calhoun County*



## Who Can Receive Community Care Options Services?

Community Care Options serves Calhoun County residents who are 60 years of age or older and need some help with the responsibilities of keeping their home clean and safe.

Homemaking, meal preparation, limited errands, and other supports are available for seniors with household incomes at or below 200% of poverty.

Care assessment, care planning, home safety assessments and referral to community services and problem solving are offered regardless of income.

To learn more about the program, call Senior Health Partners. Our friendly staff will complete a short intake to determine the next steps and answer your questions.

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***Community Care Options is a program of Senior Health Partners***

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### Helping Seniors Stay Independent

Older adults with chronic illnesses like arthritis, Parkinson's Disease, COPD, chronic pain or heart disease often find that some of the housekeeping tasks they have always managed have become challenging. They worry that their independence might begin to be at risk.

Community Care Options is designed to provide minimal occasional assistance with basic home making and other supports so seniors can maintain independence longer. Seniors needing hands-on daily personal care are not appropriate for this service.

Community Care Options is funded by the citizens of Calhoun County through support of the Senior Millage.

Community Care Options is one of many programs available from Senior Health Partners to help older adults remain active and engaged in the life of the community. Join us for:

- Senior Fit & Fun Exercise
- Tai Chi for Arthritis & Fall Prevention
- Walk with Ease
- Family Caregiver Resources
- Resources for Persons with Parkinson's Disease
- Diabetic Education
- Support Groups
- Fall Prevention Workshops
- Mind Aerobics
- Health Rhythms Drumming
- Dementia/Memory Loss Resources
- Aging Well Luncheon Series
- Health Education
- Advance Care Planning
- Information & Referral

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