



Senior Health Partners

TAI CHI CLASS SCHEDULE

MONDAY

- 9:00 AM Homer Public Library
- 10:30 AM Marengo Township Hall
- 1:00 PM Leroy Township Hall

TUESDAY

- 1:00 PM BC Kingdom Builders

WEDNESDAY

- 2:30 PM Heritage Commons-Marshall

THURSDAY

- 6:00 PM Marshall Trinity Episcopal Church

SILVER SNEAKERS YOGA

- 1:00 PM Thursdays



STAY HEALTHY AND HAPPY WITH US!

CALL TO JOIN!
269-441-0948
shpcalhoun.org

PROGRAM FUNDED BY

